



MOMS Monthly News

December 2005

Written by Kelly Rader

MOMS Program Director

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A Word of Encouragement:

This Christmas season as we celebrate the greatest gift of all God's son, take time to enjoy your family, they are God's gift to you.



MOMS 3rd Annual Conference

February 11, 2006

Northview Community Church, Abbotsford, BC

Conference time is just around the corner. Please join us! I invite you to mark your calendars and put this on your Christmas list. You won't want to miss it.

Register by January 15th for the best rate.

Look at the Fun We Have Planned for You!

- Keynote speaker Jenn Doucette back by popular demand. Jenn's hilarious stories and real life struggles will make your smile muscles hurt ☺
- Door prizes
- Shopping at vendor tables and Blessings book table
- Specialty coffees and dessert in a Bistro type setting - **Free**
- 18 relevant workshops for moms of all ages
- Catered Hot Lunch – **Free**

Conference Schedule:

8:30 Registration Begins

9:00 Conference Begins

Keynote speaker Jenn Doucette

10:30 First Break-out Session (Attend one of the following)

- Developing Emotionally Intelligent Children
- How to Love the Difficult Child
- Lovingly Organizing the Home Front
- Understanding Your Man
- Making Cents out of your Finances
- Sibling Rivalry

MOMS Conference Schedule Continued ...

11:30 Lunch (included)

1:10 Second Break-out Session (Attend one of the following)

- Helping Your Kids Deal with Stress
- First Wife, Then Mother
- Healthy Girls: Helping Daughter with Body Image Struggles
- Eat Whatever You Want! Or!
- Preparing & Adjusting to God's New Little Blessing
- Home Makeover on Minimal Dollars

2:10 Third Break-out Session (Attend one of the following)

- Women and Stress- Practical Strategies for Healthy Living
- Why You Need a Woman Friend
- Chores, Homework or Chaos!
- De-stressing: From Super Employee to Wonder Mother
- Maintaining a Healthy Mother/Daughter Relationship
- Understanding Your Man

3:00 Dismissed

To Register (Choose one of the following)

- Print out the registration form below and send in with your cheque
- Pick up a brochure from your **MOMS** Chapter
- Download a registration form or Conference Brochure on the **MOMS** website

(Cut)

MOMS Conference Registration Form

Please fill out this registration form and mail in with your cheque to:

MOMS Conference

C/O 42675 Prairie Ave.

Chilliwack, BC. V2R 5C1

Please make cheques payable to MOMS

Name: _____

Address: _____ City: _____

Province: _____ Postal Code: _____

Phone: _____ E-mail: _____

_____ \$40/ea Early bird individual registration before Jan 15th

_____ \$35/ea Early bird groups of 5 or more registrations received together by mail before Jan 15th

_____ \$45/ea Registrations received by mail after Jan 15th

_____ \$50/ea At the door

_____ I attended the MOMS Conference last year

_____ I am a MOMS member (reduce price \$5) Membership # _____

Need a Laugh?

Dear Santa,

I've been a good mom all year. I've fed, cleaned and cuddled my children on demand, visited the doctor's office more times than our doctor, sold sixty-two **MOMS** cookbooks and figured out how to attach 9 patches onto my daughter's girl scout uniform with staples and a glue gun (I hate sewing).

I was hoping you could spread my list out over several years, since I had to write this letter with my son's red crayon, on the back of a receipt in the bathroom where I'm hiding to write this. I may not have anymore free-time over the next 18 years.

Here are my Christmas wishes:

- I'd like a pair of legs that don't ache after a day of chasing kids (in any color except purple, which I have already)
- Arms that don't flap in the breeze but are strong enough to carry a screaming toddler out of the candy isle at Wal-Mart
- I'd like a waist- I lost mine somewhere in the 7th month of my last pregnancy

If you've got big ticket items this year I'd like:

- A mini-van with fingerprint resistant windows
- A TV that doesn't play any programs containing talk animals
- A refrigerator with a secret compartment behind the crisper where I can hide to talk on the phone

On the practical side I could use:

- A talking doll that says "Yes, Mommy" to boost my parenting confidence
- Three pairs of jeans that will zip up all the way without the use of power tools

Well, that's all for now. My children are banging on the bathroom door, and my son just noticed the red crayon is missing.

Please remember to remove your wet boots when you get to my house, and take time to dry off so you don't catch a cold.

Love,
Mom

Help Wanted!

There are lots of opportunities for you to be involved in MOMS. The MOMS Program is growing quickly and volunteers are needed in a number of areas.

MOMS is currently building corporate teams in three main areas: Marketing, Fundraising and Operations. MOMS is also looking for recommended names for the Board of Directors.

If you or someone you know may be interested please contact:

Kelly Rader
MOMS Program Director
moms@uniserve.com
604-855-5766

MOMS Chapter Locations

We look forward to meeting you at MOMS. You will find a MOMS group at the following locations:

In Abbotsford:

Northview Community Church –32040 Downes Rd.
Tuesdays 9:30-11:30

Sevenoaks Alliance Church –2575 Gladwin Rd.
Thursdays 9:30-11:30

In Chilliwack:

Yarrow MB Church – 41995 Yarrow Central Rd.
Wednesdays 9:00-11:00

Chilliwack Alliance Church – 8700 Young Rd.
Tuesdays 9:00-10:45

In Cloverdale:

Pacific Community Church – 5337 180 St.
Wednesdays 9:30-11:30

In Nelson:

Evangelical Covenant Church – 702 Stanley St.
Thursdays 9:30-11:30

MOMS Membership

MOMS is a registered society and therefore is required by the government to have members. Membership helps provide a picture of the number of women benefiting from the **MOMS** Program.

How does being a MOMS member benefit you?

- You will receive discounts on MOMS events

Cost of MOMS membership is \$10.00

Memberships available at MOMS Chapters or contact moms@uniserve.com starting January 2006.

Membership entitles you to a \$5.00 discount of the upcoming MOMS Conference Feb. 11th 2006. A discount off the MOMS Spring Tea also included with your membership.

Sweet Whistler Deal

The Marriott Residence Inn at Whistler has offered MOMS a referral incentive. If anyone books at the Hotel, and says they were referred by MOMS, they will **receive the best rate available**, and for every 20 rooms booked using MOMS as a reference, the hotel will donate one free night to MOMS, to be used at other fundraisers.

