

# MOMS

mentoring of mothers society

## “IT” by Curtis Congo

Have you ever met another mother who just seems to have 'IT'? You know what I mean. Their hair is always just right; the house is prim and proper and the kids are very well behaved. Kind of irritating isn't it!

Really, can a parent have well behaved children all the time? Well, realistically not always. But it is possible to have that 'IT' factor as a mother.

What is 'IT' anyway? To be honest it is hard to nail down but you sure know when a family has IT. I have had the privilege to live with a wife (mother of our two daughters) who created the IT factor in our home. I have seen 3 principles in practice with the raising of our daughters at different stages of life development. Here they are:

First, control is necessary during their younger years. As parents you need to be in control. You are in charge. Children need someone to establish the perimeters for living. They are simply not

ready for that responsibility. A parent must teach their child so that they understand right from wrong. For instance, it is wrong to place a hand on a hot stove burner.

Second, coaching is the next phase of the bond with your child. There is a time when an adjustment is made. Your child is growing up and entering adolescence. While at the beginning you still have control, you need to begin to allow them to make decisions and experience the consequences related to this. As they demonstrate an ability to do this you need to give them more and more control. You carefully move into a coach's role. You allow them to determine more and more of the game plan and you stand on the sidelines giving encouragement.

Lastly, consulting is the next and the longest leg of your relationship with your now-adult child. They are at a stage of life where they make all the

decisions. You no longer have control. What you do have is the potential for influence but only if you give them space and allow them to come to you and ask for your advice. This is when you have graduated to the office of consultant.

So, do you want IT? Do you want people looking at you and saying, "She really does have IT?" I'm sure you do. If so then realize that having IT involves Controlling, Coaching and Consulting. Please note that these 3 C's need to be in this order. So you can become a mother who has IT!

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*Curtis is the Interim Transitional (IT) Pastor of Bethany Baptist Church & Professor of Church Ministries at Associated Canadian Theological Schools & Professor of Communications at Trinity Western University. He is married to Joanne (38 years) and father to Tanya & Melissa.*

## Fort Langley MOMS - the “Wednesday Lifeline”

### Lifeline:

1. One that is or is regarded as a source of salvation in a crisis.
2. Assistance at a critical time.

Moms, perhaps more so than anyone else, understand the need for a life preserver amidst the swirling waters of motherhood.

This became apparent to Fort Langley Chapter Coordinator Michele Dau a few years ago: “The Fort Langley Evangelical Free Church attracts many young families in the Fort Langley and Walnut Grove area because of its excellent Sunday School,” says Michele, “and yet it didn't offer a ministry to moms during the week. After I

became a mom myself, God put a desire in my heart for that type of connection with other moms.” After thinking about it for almost a year, she contacted Kelly Rader to find out how to start a group.

The Chapter is currently host to approximately 27 moms and 30 children, and God has blessed them with wonderful, faithful childcare workers.

When the Chapter started in 2007, small groups were held twice a month and DIY and speakers once a month. It became apparent, however, the women were craving the deeper connections they had with one

another in small groups. The following year the format was changed to small groups only.

Coming to a small group can be intimidating, yet several non-Christian women from the community decided to attend. A highlight for Michele last year was when three women in one of the small groups came to know the Lord.

This year the Chapter continues to be a blessing to the Fort Langley area. Michele says

“...every time I hear a woman say, ‘Wednesdays are my lifeline!’ it makes all the effort that goes into MOMS so worthwhile.”

## OCTOBER 2009

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### MOMS

#### Purpose Statements

To provide a network that encourages and equips moms to be the best mothers they can be.

To provide mothers the opportunity for personal growth through developing their skills and talents.

To provide a safe place for women to share their struggles and concerns related to raising a family.

To provide experienced women the opportunity to mentor other mothers.

## 2010 ANNUAL CONFERENCE

**KEYNOTE SPEAKER:  
KRISTA PENNER**



Krista dynamically motivates and inspires audiences to embrace the love of Jesus Christ and encourages audiences to develop authenticity in their lives by presenting Biblical truths that strengthen their personal relationship with Jesus.

Her passion is leading and teaching a weekly evening Bible Study Class for women. Krista feels called to bring the excitement of God's living Word to women.

Krista's experience in the corporate world has given her the ability to understand what women face as they try to find balance in a culture that demands that they are good at everything all the time. She now serves as the Director of Women's Ministries for the Fellowship of Evangelical Churches BC and the Yukon.

Find more information on Krista at [www.kristapenner.com](http://www.kristapenner.com)

### QUOTE OF THE DAY

In family life, love is the oil that eases friction, the cement that binds closer together, and the music that brings harmony.  
-- Eva Burrows

## Fort Langley Babies

The Fort Langley Chapter welcomed several new little ones last MOMS season:

### April 2009

Jessica Zandbergen had Lucas Gabriel

### August 2009

Sara Wood had Emma Grace Patricia

Deanna Forrest had Luke Duncan

Michele Dau had Ava Madelyne

Congratulations, moms!

## MOMS MEMBERSHIP

**MOMS** is a registered society and therefore requires members to give the program validity to the government/business community by showing the number of women the program benefits. **The cost for MOMS Membership is only \$10.00**

### How to Purchase a MOMS membership:

1. Fill out a membership form and mail in with your cheque to MOMS 35251 Rockwell Drive, Abbotsford, V3G 2C9.
2. Purchase a membership at your local MOMS Chapter by filling out a form and writing a cheque to MOMS.
3. Purchase a membership with your conference registration.

### Benefits of MOMS Membership:

- Receive \$5.00 off the MOMS 2010 conference
- Discounts off all MOMS products such as MOMS bracelets, t-shirts, tote bags etc.
- Participation at MOMS AGM – you will be a voting member of MOMS.
- Being a member provides a sense of ownership in the program.

**Membership application is available at [www.mentoringofmothers.com](http://www.mentoringofmothers.com) under "MOMS Monthly News" tab.**

## Health & Nutrition Tips - Trick or Treat?

Halloween is probably your child's favorite holiday – or yours! And, you probably get concerned about how much sugar is eaten during this time. What a dilemma!

Instead of worrying, let Halloween be an opportunity to learn self control. After trick or treating, let your child lay out the candy, get excited over it, sort it and eat as much of it as he wants. Do the same thing the next day. But on day three, set a

rule that limits the candy to meal and snack times.

Allow no more than a few small pieces at meal time for dessert and a few at snack time. Your child will still feel in control of their stash of candy and you will still be in control of choosing healthy foods for meals and snacks. With your guidance at meal times, candy will not spoil your child's appetite or affect his overall nutritional intake.

For optimal dental care, remember to teach and encourage good teeth brushing and flossing habits.

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*The content for this resource was developed by British Columbia's Public Health Dietitians. For more information contact Dietitian Services at HealthLink BC (8-1-1) [www.healthlinkbc.ca](http://www.healthlinkbc.ca)*

## MOMS' FAVORITES - Michele Dau, Fort Langley Coordinator

*Tender Mercies for a Mother's Soul* by Angela Thomas

A fabulous read to help and inspire moms to maintain their connection to God during the busy season of early motherhood.

## COMMUNITY EVENTS



### LAUGH YOUR WAY TO A BETTER MARRIAGE - October 16 & 17

Video seminar hosted by Dave & Kelly Rader is coming to Yarrow Alliance Church. Please contact Yarrow Alliance to register at 604-823-6767. At the door registrations also accepted. Childcare available by donation for children under five years.

**THE MANNERS LADY** - Coming to your area next month!

**Chilliwack/Yarrow:** Nov 19th, 6:30 pm at Yarrow Elementary.

**Abbotsford:** Nov 20th, 6:30 pm at Centre Ice, Alderbrook Church.

**Surrey/Langley:** Nov 21st, 3:00 pm at Pacific Community Church.

For tickets email [MOMSevents@shaw.ca](mailto:MOMSevents@shaw.ca). You can get more information about the Manners Lady at [www.themannersclub.com](http://www.themannersclub.com)

### MOMS ANNUAL CONFERENCE 2010 - March 27

Mark your calendars! Our keynote speaker this year is Krista Penner.