

MOMS Newsletter

February 2007
By Kelly Rader

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MOMS ...
Strengthening
Canadian families, one
Mom at a time

MOMS Purpose Statement

To provide a network that encourages and equips moms to be the best mothers they can be.

To provide mothers the opportunity for personal growth through developing their skills and talents.

To provide a safe place for women to share their struggles and concerns related to raising a family.

To provide experienced women the opportunity to mentor other mothers.

From a Mother's Heart

As Mother's Day approaches I'd like to do a MOMS Newsletter addition with stories from you the readers featuring your favorite memories of your mother or grandmother. Why do you cherish these memories or what did these women model for you that you in turn have tried to incorporate into your own parenting.

Please submit in WORD format in 100 words or less.

I know that some of you have talents in writing or know how to tell a great story. I challenge you to take a few minutes to sit down and share your heart and memories with us so we can enjoy them too.

Thanks for taking the time to share your heart with other readers.

Please submit your story by April 20th to moms.ca@telus.net or by mail to:
MOMS c/o 4383 Wilson Rd.
Chilliwack, BC, V2R 5C6

Thanks,
Kelly Rader
MOMS Program Director

MOMS Conference 2007

Big thanks to all of our speakers, participants, vendors and volunteers who made the MOMS Conference so much fun.

I hope you took home a big dose of encouragement, insight and tools to help in your marriage and parenting relationships.

I must say it was a personal highlight for me to see so many ladies smiling and having fun. I also loved seeing ladies walk by me in the hallways wearing MOMS t-shirts designed by the **MOMS** Cloverdale Chapter.

For those of you who missed the conference this year I encourage you to join us next year. It is really a fun event.

MOMS Products for Sale

MOMS has great items you may want to purchase:

1. **MOMS Manual** – everything you need to know in order to start a **MOMS** Chapter in your area. Includes all team job descriptions, childcare forms, training for small group leaders and much more.
Cost: \$75.00 (shipping included)
2. **MOMS Bumble Bees Manual** – Contains curriculum for first year **MOMS** Bumble Bees Program. Includes a story, craft idea, coloring page and theme for each week of the **MOMS** program year.
Cost: \$30.00 (shipping included)
3. **MOMS Home Management Course** – Leader and participant guides available. This is a 15-lesson course including topics such as Family Management, Financial Management, Space Management and so much more.
Participant and Leader guides \$5.00 each (shipping not included)
4. **“Motherhood, Marriage and Me” CD** by **MOMS** Conference Keynote speaker Deanna VanWoudenberg. This 45-minute presentation will both encourage and challenge you.
Cost: \$5.00 (plus shipping)
5. **MOMS T-shirts:** These beautiful army green stylish t-shirts come in short or long sleeves. Sizes fit small so order a size larger than you normally would. T-shirts say M*O*M*S on the front and “AT HOME IN THE TRENCHES” centered on the back with Mentoring of Mothers Society up by the nape of the neck. They are beautiful. Available in Med. – Extra Large.
Cost: Long Sleeve \$22.00; short sleeve \$17.00 (shipping not included)
6. **MOMS Cookbooks** – These cookbooks contain great recipes your family will love.
Cost: \$5.00 each or 2 for \$7.00 (plus shipping)

Recipe of the Month

Best Cheese Biscuits

2 cups flour

4 teaspoons baking powder

2 Tablespoons sugar

1-teaspoon salt

1 cup grated cheddar cheese

½ cup oil

¾ cup milk

Combine dry ingredients. Add grated cheese and mix. Add oil and milk. Mix to form soft dough. Turn onto a lightly floured surface adding a little more flour (if needed). Gently knead dough 8-10 times. Roll or pat into 1" thickness and cut with a round cookie cutter (or a wide mouth cup). Place on an ungreased cookie sheet close together. Bake at 425 degrees for 15 minutes. Serve with your favorite jam.

Taken from MOMS recipe book pg. 19.

To order your own MOMS cookbook or to sell as a fundraiser for your child's school contact Kelly Rader 604-855-5766 or moms.ca@telus.net



MOMS Spring Tea 2007

Please join us at Abbotsford Christian Assembly for **MOMS** Spring Tea 2007 to be held:

Friday, May 4, 2007 @ 7:00 pm
Abbotsford Christian Assembly
3970 Gladwin Road
Abbotsford, B.C.

*Tickets available April 1st at **MOMS** Chapters or online www.mentoringofmothers.com, or at House of James in Abbotsford.*

More details to follow soon. You won't want to miss it. Invite your daughter (age 5 and up), your mom, or even your grandmother. There will be fun for everyone.

MOMS Corporate Vision

MOMS vision is to spread Chapters across Canada in order to strengthen Canadian families.

How can you help?

- Would you consider helping on a fundraising team or even with fundraising ideas?
- Are you a business owner who could use a tax break by donating money to help **MOMS** with business costs?
- Can you donate some time to help with corporate events?
- Could you put in a good word for **MOMS** in your community?
- Do you know anyone who would make a good Board Member for **MOMS**?
- Would you pray for **MOMS**?

If you answered yes to any of the questions please contact Kelly Rader moms.ca@telus.net

Thanks for helping MOMS help others.